

Duffy's

NAPA VALLEY TREATMENT

Chemsex Program

WHAT IS CHEMSEX?

The term chemsex is used to describe the use of illicit drugs during sex to enhance experiences, increase stamina, and reduce inhibitions. Typically, chemsex involves the use of drugs such as methamphetamines, cocaine, gamma-hydroxybutyrate (GHB), ketamine, and ecstasy. In addition to being linked to higher rates of HIV and other sexually transmitted infections, chemsex can lead to a range of physical and psychological challenges, including addictions, mental health concerns, and, in the worst cases, overdose.

PROGRAM OVERVIEW

Duffy's Napa Valley Rehab is pleased to announce the opening of a new specialty chemsex track, which is a response to the growing needs of our clients who are struggling with either chemsex or out of control sexual behavior (OCSB). The program curriculum covers topics like the OCSB model, chemsex, and how addictions can develop as a result of chemsex practices.

With this specialty track, we aim to celebrate individual choice, culture, and pride in the community while also addressing the risks associated with chemsex. Our hope is to provide clients with the support and education they need to be successful after treatment by addressing the complexities of sexual health in early recovery.

INSURANCE ACCEPTED

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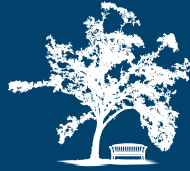
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3076 Myrtledale Road | Calistoga, CA 94515



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PROGRAM CURRICULUM

With guidance from a certified holistic sex educator (CHSE), program participants work through a series of modules that are designed to promote long-term recovery from substance use.

Modules include:

- Love in recovery module: Clients conceptualize love as a capacity of the self as opposed to an external force.
- Communication & boundaries module: Clients learn about how their ability to communicate effectively & set healthy boundaries can be influenced by relationship structure & sense of self.
- Sexual function in recovery module: Clients learn about sexual function in recovery & how to manage challenges.
- Safe & sane ideal module: Clients begin to shape a personal ideal for future relationships & sexual behavior & learn how to use past experiences to make healthier decisions in the future.
- Chemsex & OCSB module: Clients identify the differences between OCSB, sex addiction, chemsex addiction, & an active libido & sex life so that they are empowered to apply learnings to their own behaviors.
- Recognizing relapse risk module: Clients develop the ability to connect sexual situations with the level of risk for relapse.
- Myths of dating & relationships in recovery module: Clients learn to apply sexual health skills to dating & relationships.
- Sexit plan module: Clients begin to make plans to protect & care for their sexual health after treatment.

EXCEPTIONAL CARE

At Duffy's Napa Valley Rehab, our mission is to help people who are suffering break the bonds of addiction and find hope and encouragement through effective programming. Since our founding in 1967, we have transformed the lives of more than 38,000 individuals by providing holistic care that supports the mind, body, and spirit. We continue in our commitment to serving those in need by delivering innovative, integrated treatment for alcohol and drug addictions and co-occurring mental health concerns. In a warm and welcoming environment, our clients can gain the insight and skills they need to get on a path to sustained wellness.

Contact Us Today!