



IMPORTANT THINGS TO KNOW ABOUT OUR MAT PROGRAM

Eligibility for the Program Includes:

All prospective guests will be assessed by an admissions counselor and reviewed by our medical director for approval.

Expectations:

It is imperative that the client understands what buprenorphine can and cannot do. There is no magic bullet for opioid dependence. Buprenorphine can dramatically assist opioid-dependent persons, but other interventions, such as motivational interviewing and group/individual behavioral counseling, will be used as well. It is important to understand that recovery, whether maintained via MAT or not, is a lifelong process. This dual approach to treatment is supported by medical and behavioral health groups, including the American Society of Addiction Medicine and the National Council for Behavioral Health.



*A Legacy of Leadership in
Recovery Services in California*

Contact Us Today!

(707) 709-8099

www.duffysrehab.com

3076 Myrtle Dale Road | Calistoga, CA 94515



Medication-Assisted Treatment

at Duffy's Napa Valley Treatment

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FREQUENTLY ASKED QUESTIONS

What Is Suboxone?

Comprised of buprenorphine and naloxone, Suboxone is an FDA-approved medication that has helped numerous individuals break free from the grips of opioid addiction. Buprenorphine, a partial opioid agonist, helps alleviate the physical symptoms of withdrawal and decreases cravings for continued opioid use. Naloxone helps reverse the effects of opioids and prevents the medication from being misused.

What Is Naltrexone?

Naltrexone has been approved by the FDA since 1984 for use in programs that treat opioid and alcohol addictions. This medication can be taken once daily as a pill or an injection to block the euphoric and sedative effects of opiates and ward off cravings. Naltrexone is effective in helping adults manage symptoms of addiction, and it has a proven track record of preventing individuals from experiencing relapse.

Why Is Counseling or Therapy an Important Tool in the Treatment Process?

Medications alone are not sufficient to recover from a substance use disorder. All three MAT medications require simultaneous and strong psychosocial support. This can consist of 12-Step groups, 1-on-1 counseling, group therapy, and an individual support network. At Duffy's, we pride ourselves on starting that support properly. Our highly trained clinicians set our MAT clients up for success by augmenting the medication's anti-craving properties with the necessary behavioral tools for lasting sobriety.

MEDICATION-ASSISTED TREATMENT

Duffy's Napa Valley Treatment utilizes medications such as Suboxone (buprenorphine) and naltrexone along with counseling and therapy in our medication-assisted treatment (MAT) programming. The goal of our MAT program is to assist our guests in modifying their behaviors to make the necessary lifestyle changes that will help them achieve their recovery goals. Our program is a highly respected and comprehensive treatment option for individuals whose goal is to achieve sustained sobriety. Our services are geared toward helping individuals create and sustain productive and meaningful lifestyles that are free from substance use. Our approach and philosophy are based on our belief that substance use disorders and co-occurring disorders are challenging conditions that can cause many difficulties in the lives of individuals and their families. Due to this complexity, we utilize an integration of the most widely accepted evidence-based models of treatment. Medication-assisted treatment, one of the invaluable types of treatment Duffy's is proud to offer, is one of the most effective and life-changing forms of care in helping adult individuals overcome the compulsion to engage in substance use. Designed specifically for the treatment of alcohol and opioid addictions, medication-assisted treatment includes both specific medications and therapeutic interventions that are designed to:

- › Assist individuals in focusing on their healing and recovery without being saddled with overpowering cravings and uncomfortable physical symptoms of withdrawal
- › Help those who are addicted to opioids understand and process what led them to use drugs such as heroin or prescription painkillers in the first place
- › Help individuals develop the skills and confidence needed to hold true to their treatment and recovery goals
- › Reduce the risk of relapse

Eligibility: Guests will be assessed by an admissions counselor and reviewed by our medical director for approval.

How to make a referral: Please call to speak with an admissions counselor at **(855) 240-7366**.



SPECIALTY SERVICES INCLUDE:

- › Individual and group counseling
- › Medication-assisted treatment
- › Clinical and case management
- › Wellness groups
- › Medication management
- › Psychoeducational groups
- › Individualized aftercare planning

HOW TO MAKE A REFERRAL

If you are interested in taking part in our medication-assisted treatment (MAT) program, please call **(707) 709-8099** to speak with an admissions counselor.

To learn more about our MAT program, please visit our website at **www.duffysrehab.com**.

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